



arctiChildren

CRYSTALS OF SCHOOLCHILDREN'S WELL-BEING CROSS-BORDER TRAINING MATERIAL FOR PROMOTING PSYCHOSOCIAL WELL-BEING THROUGH SCHOOL EDUCATION

Crystals of Schoolchildren's Well-Being is an investigative experiment carried out in four countries, involving a topic that is very much of this time, and very global. Children's behaviour at home, at school and in the immediate community says a great deal about the environment, sphere of life and world the children are living in. Despite economic, social, cultural and ethnic differences between countries, the ability of children to cope in the societies of the future is crystallised into a question about the present quality of life, the psychosocial well-being the natural and developed living environment should be able to provide.

Health and well-being are supported in a safe and caring school environment free of bullying. At their best, the schools, parents and nearby communities offer a growth environment in which the children's psychosocial health and well-being are the focus of attention. Teachers and educators are more and more conscious of the ways in which they can foster a child's health and development by applying teaching methods related to social interaction and health promotion as well as by utilising the opportunities provided by art and culture in teaching. This book examines the theme by offering both carefully reflected knowledge and practical examples of applications with which psychosocial well-being is being produced in schoolwork.

The book is meant for teachers, planners and decision makers who are interested in developing growth environments that support psychosocial well-being as well as cross-cultural cooperation.



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ISBN 978-952-484-214-3
Gummerus Printing 2008
Cover: Anssi Hanhela

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